

YOU'RE INVITED TO OUR NEXT EVENT!



Where: House of Hope, Woombye

When: Saturday & Sunday, July 29th & 30th. 10am-4pm (or overnight).

Details:

- 6 hours of wellness activities per day
- Fully-catered to your dietary needs
- Transport options available
- Daytime & overnight stay options
- Billing: Core or Capacity Building

Highlights:

- Exclusive access to House of Hope
- Daily Yoga
- Meditative Sound-Immersion
- Art Therapy Session
- Mindful Eating Experience, guided by a Nutritionist
- Emotional Regulation/Self-Exploration Workshop with a Psychologist
- Inspirational Keynote speakers
- Gift Pack



Stay for the day or book in for:

- Your own private room
- A shared room
- Or
- An exciting outdoor camping experience!



To Book: Scan the QR Code